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# PRESS RELEASE

## Seeing No Side Effects from H1N1 Vaccine

**LaPorte County, IN** (November 12, 2009) - The LaPorte County Health Department stated today that they are not aware of any side effects or adverse events locally from the H1N1 vaccines.

Dr. Charles Janovsky, Health Officer for the LaPorte County Health Department, said, "The CDC expects the 2009 H1N1 influenza vaccine to have a similar safety profile as seasonal flu vaccines, which have a very good safety track record. Locally, we have not heard of any side effects or adverse reactions to any of the H1N1 vaccinations we've given in the past weeks."

The Centers for Disease Control and Prevention (CDC) stated that, over the years, hundreds of millions of Americans have received seasonal flu vaccines. The most common side effects following flu vaccinations are mild, such as soreness, redness, tenderness or swelling where the shot was given. The CDC and the Food and Drug Administration (FDA) continue to closely monitor for any signs that the H1N1 vaccine is causing unexpected adverse events, and they will work with state and local health officials to investigate any unusual events.

"The CDC expects that any adverse events following vaccination with the 2009 H1N1 influenza vaccine would be rare," said Dr. Janovsky. "If side effects do occur, they will likely be similar to those experienced following seasonal influenza vaccine. Mild problems that may be experienced include soreness, redness, or swelling where the shot was given, fainting (mainly seen in adolescents), headache, muscle aches, fever, and nausea. If these problems occur, they usually begin soon after the shot and last 1-2 days. Life-threatening allergic reactions to vaccines are very rare. If they do occur, it is usually within a few minutes to a few hours after the shot is given."

The Health Officer further stated that, after vaccination, people should look for any unusual condition, such as a high fever or behavior changes. Signs of a serious allergic reaction can include difficulty breathing, hoarseness or wheezing, swelling around the eyes or lips, hives, paleness, weakness, a fast heart beat or dizziness. If any unusual condition occurs following vaccination, seek medical attention right away. "Tell your doctor what happened, the date and time it happened, and when and where the vaccination was given," Dr. Janovsky concluded.