



LaPorte County Health Department

(219) 326-6808, Ext. 2200
(219) 874-5611
Fax: (219) 325-8628

Government Complex
809 State Street – Suite 401 A
LaPorte, Indiana 46350-3385

Charles Janovsky, M.D., Health Officer
Paul E. Trost, Administrator

PRESS RELEASE

Halloween Health Etiquette

LaPorte, IN (October 29, 2009) The LaPorte County Health Department offers the following as ways to help keep **Halloween** safe during the H1N1 flu season:

- Don't go out if you or your child is sick or have a fever!
- If you're providing treats for the scary creatures who appear at your door, put candy in baggies or use a small cup to get candy out of bowl and then drop candy into child's bag...less "touching" by everyone!
- Practice "social distancing" - keep about six feet between you and others.
- Don't shake hands! Bump elbows instead.
- Use disposable tissues and throw them away after use.
- Wash your hands frequently...every two hours at a minimum. If you don't have access to soap and water, use a hand sanitizer gel.
- Don't use your hands to cover your cough. Either cough into a disposable tissue, into your elbow or inside the front of your shirt. (You can see the typical spread of a cough...which carries germs and viruses present in the cougher...in this photo.)



HAVE A FRIGHTFULLY GREAT HALLOWEEN!!

Questions about seasonal and H1N1 vaccines and other flu concerns may be directed to the LaPorte County Health Department at 219/326-6808 X2200 or sent via email to H1N1@laportecounty.org. Visit the Health Department's website at www.laportecounty.org and click on "current local flu information."

Questions about the content of this press release should be directed to the LaPorte County Health Department using above contact information. Technical questions about the press release (PDF) received via email should be directed to JK Enterprises at jkostielneu@csinet.net.